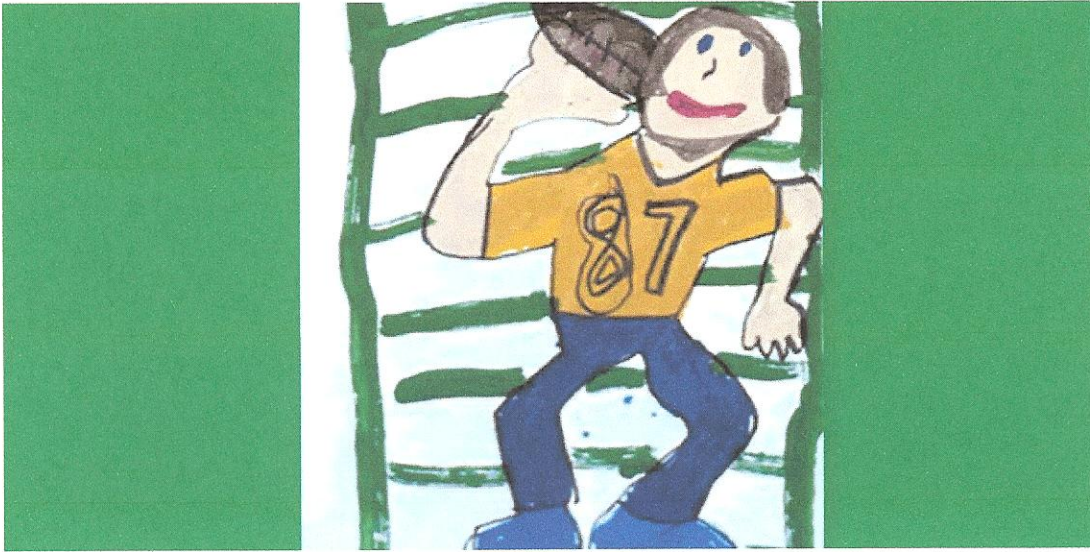


Aim for Your Goal



Crayola Supplies

Paint Brushes
Erasable Colored Pencils
Markers
Washable Kid's Paint
Glue Sticks
Construction Paper

Household Supplies

recycled newspaper
paper towels
container(s) of water

Why?

Capture the sweet sense of success and boost self-esteem, envisioning the accomplishment of personal goals in an original work of art.

Steps

1. Why is it important to set reasonable goals for yourself? How is setting goals similar to athletic events or musical performances, where training and practice relate directly to success and growth? Think of one goal you have set for yourself. Is your goal athletic? Academic? Social?
2. With Crayola® Erasable Colored Pencils, write a short story about your

goal and achievement in a sport, music, or other area. Outline the steps you took, or are taking, to succeed. Describe how it will feel to accomplish your goal.

3. Cover a table top with recycled newspaper. Use Crayola Washable Paint and Brushes, to paint a dramatic picture of yourself achieving your goal. Imagine how delighted you will be. Dry your painting on a flat surface.

4. With Crayola Washable Markers, add important details to your painting, such as outlines, background patterns, or facial features.

5. Attach your story to your painting with a Crayola Washable Glue Stick for display.

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Adaptations

Consider long-term and short-term goals. Visualize steps to complete a difficult task. Create a chart to record progress.

Interview or read stories about athletes, musicians, community volunteers, and others who have overcome challenges to reach their goals. Why did they persevere?

Benefits

Children write a story about their achievements in a sport, or their dreams for success in other areas of their lives.

Children create original works of art depicting their goals or anticipated achievements.

Children display their stories and art in a visually appealing manner.

Grades

Grades 1 to 3

Grades 4 to 6

Subjects

Social Studies

Visual Arts

Time

30 to 60 minutes

Multiple Sessions

Curriculum Standards Links

US: [Research U.S. Standards](#)

UK: [Research UK Standards](#)

Canada: [Research Canada Standards](#)

Safety Guidelines

Small Parts— **WARNING: CHOKING HAZARD**—Small parts. Not for children under 3 years.

Crayola Washable Paints—Not for use as body/face paint.